



TURIYA MARGA

“Path to Consciousness”

The Newsletter of The Hindu Society of South Australia Inc.
3A Dwyer Road, Oaklands Park SA 5046



Volume 35, No. 1.

Shri Ganesha Temple, 3A Dwyer Road, Oaklands Park, 5046

Apr 2020

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Executive Committee 2020

President:	Mrs Usha Rajagopalan	0412158334
V/President:	Dr Nitin Bhise	8276 1959
Secretary:	Mr Madhav Bhat	0429 698 198
Ass/Secretary and Editor:	Ms Ganga Sivanathan	0421 474 685
Treasurer:	Mr Siva Selvakulalingam OAM	8338 4519

Members

Mr Shasith Janarthan	0403 405 740
Mr. R. Thiyagarajah	0417 809 452
Dr Swapna Sengupta	8379 5945

Co-opted Members

Mr Subrahmanyam Kuppa	0403 582 253
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Chief Priest

Sri Skandarajah Kurukkal	8298 1278
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Assistant Priest

Sri Ashok Sharma	8358 3615
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Temple Phone Number	8358 4005
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Edited and published by Ganga Sivanathan for
the Hindu Society of South Australia Inc



FROM THE PRESIDENT

Dear Members and Devotees,

The twin Year of 2020 has so far been dramatic and impactful.

First of all, the Hindu Society would like to thank its patrons, members, supporters for the splendid response we received for our **fund raising dinner towards the bushfire relief operations**. A Very Big Thanks to each and every one of you, who attended this event and to our hard working team of volunteers behind the scene who made it possible. Also to those who contributed to our GoFundMe campaign. We raised a total of \$5K and made two sets of contributions - one to the SA Premiers Emergency Relief fund and other to the Kangaroo Island Mayoral Bushfire Fund. Please see photos of our contribution to the Premiers fund and the acknowledgment from the Government.

In January, The Hindu Society launched a free cricket coaching for children from 5-12, in collaboration with the South Australian Cricket Association. The kids were trained by specialists and each received a cricket kit free of charge. We had good participation with nearly 40 families committing to this initiative. Unfortunately, it has been cut short due to COVID-19 situation.

A **Sanskrit Class** was arranged with the help of a very dedicated teacher, Srirama Srinivasan at the Community Cultural Hall.

Looking further back, at the end of last year, a function to recognise the Voluntary contribution of members who had served the Hindu Society Executive Committee in excess of 5 years was held at the end of last year. It was an enjoyable and memorable year and many of our hard-working seniors were felicitated.

March 23rd was a historic day for the Hindu Society. This marked the day when the temple was closed in response to the directive of the Prime Minister of Australia. The priest has been conducting the daily Pooja in the temple to ensure we keep up our tradition of religious sanctity.

continued overleaf.....



**President's Report continued**

We have worked to make archanas, havens and other pujas **available for you online**. Please see the notice in the following pages.

I mentioned at the beginning that this year has been eventful and that the current happenings will be engraved in our hearts and minds as the year when humanity faced a life-threatening virus. We seek the blessing and support of our beloved Lord Ganesha during this time. My appeal to our members is for us to **stay connected, stay positive and help out each other and the community in every way possible big or small**. Each person's contribution matters. My humble appeal to our devotees is to **continue to support our Temple** as best as you can during this difficult time.

Please take care and stay well and practice social distancing. We hope and pray that our community in Adelaide, Australia as a whole, and our families overseas overcome this serious health threat and ensuing economic impact.

Best wishes,

Usha Rajagopalan

FROM THE SECRETARY'S DESK

Dear Members, Friends and Supporters,

Before we have recovered from the devastating damages of 2019 bushfire, the nature's fury is again in full display engulfing the whole world. Perhaps it has come to deliver us a simple message: respect nature and our

**SHRI GANESHA TEMPLE
OPENING TIMES**

The Temple **remains closed** due to the COVID-19 situation. We will keep you informed and celebrate when we are able to open again.

TEMPLE SERVICE CHARGES
Please call the Priest or email the Secretary to arrange services that can be live streamed to you.

Archana: \$12.00
Milk Abhishekam: \$50.00
Panjamrita Abhishekam: \$100.00



Mother Earth. Our ancestors saw divinity in everything. They respected nature as Mother and God. They loved her and took care of her. They understood the delicate balance of interdependence between biological species and nurture. Perhaps it is our arrogance to ignore this ancient wisdom. Is that a reason why we are humbled by a microorganism?

I think it is appropriate to quote a mantra from Rudram:

त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् उर्वारुकमिव बन्धनान् मृत्योर्मुक्षीय मामृतात्

Tryambakaṁ yajāmahē sugandhiṁ puṣṭivardhanam urvārukamiva bandhanān mṛtyōrmukṣīya māmṛtāt

We worship the three-eyed One (Lord Siva) who is fragrant and who nourishes all beings; as is the ripened cucumber is freed from its bondage (to the creeper), may He liberate us from death for the sake of immortality.

President Usha Rajagopalan has beautifully summarised the activities of The Hindu Society of South Australia since our last newsletter. *As a picture is worth a thousand words*, please see the photos of our activities in the following pages.

Madhava Bhat
Secretary

Readers may please note

The views and other contents published in this newsletter are either accessed from different sources or are provided by many individuals and groups. The Editor takes no responsibility for any errors, omissions or the contents published in this newsletter, although constructive suggestions to improve the quality of the Newsletter are most welcome.

Contributions are most welcome. Please provide them to the Temple President or email the editor at editor@shriganeshatempleadelaide.com.au.

THE TREASURER'S REPORT

Dear members,

HARI OM NAMASIVAYA

I am pleased to inform that the last invoice of our major \$800,000 Community Cultural Centre and the new Kitchen and ladies' toilet project has been paid. Hence the project is now fully paid. This has left us with a small loan of \$100,000. I do not wish to retire from the Executive Committee until this loan has been fully paid.

We know that at present all of us are going through financially tough times. However, I am pleased to mention that some members have made donations even at this difficult time. We appreciate this gesture which shows their commitment to support our Temple and the Hindu Society of SA. With financial year end approaching, we hope to see more donations from our members and well-wishers.

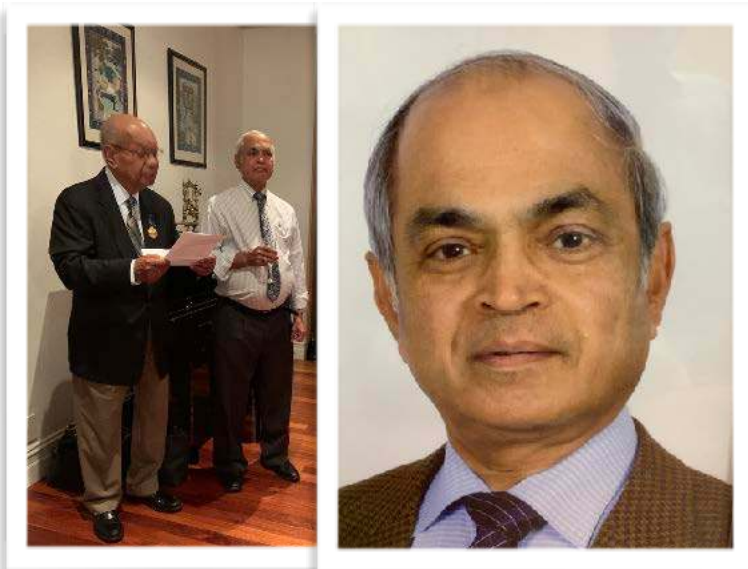
The audit of our books for the last three financial years has been completed and the report is now with us. The auditor will be sending us shortly a management report for taking certain actions. We will, as a committee, work to implement most of the recommendations, by taking into consideration cost/ benefit impact of the recommendations for the Society and the practicality of the issues.

These will be presented at a special general body meeting which be held as soon as the current restrictions in place due to COVID 19 are lifted.

GOD BLESS YOU ALL!

Siva Selva OAM

Treasurer



FELICITATIONS TO DR. SADANAND LIMAYE OAM

Congratulations to Dr. Limaya on receiving a well-deserved OAM for his services to medicine and the multi cultural community. Due to COVID-19, the actual presentation will be delayed. However our Treasurer, Siva Selva OAM, honoured him in a speech at his celebration.

A cardiologist and humanitarian, Dr Limaye has generously supported the Hindu community in Adelaide since 1974. Now retired, he worked at the Queen Elizabeth Hospital as well as running his own practice. Even after retirement he continued to teach and share his knowledge. Dr Limaye has always devoted his energies to community work and the study of Hindu philosophy and religion and the Sanskrit

language. Until the recent restrictions he conducted weekly classes at his home on the Vedas, Upanishads, Bhagavad Gita etc. and performs pujas and solemnises marriages upon request. When Adelaide's Shri Ganesha Temple first started in 1985 and there was no regular priest, Dr Limaye was one of the people conducting the puja.

Dr. Limaye says the secret to a happy life is to remember your blessings, remain active and keep a happy attitude. "I am happy. My name Sadanand means 'happy forever'. And I am!"



Aarna Lakhani received merit scholarship for displaying excellence and great promise in **Visual Arts and Community Spirit**. Awarded at Shri Ganesha Temple by Dr Suren Krishnan on 27th October 2019. Thirteen year old Aarna is seen here with her parents and Dr Krishnan.

Our **Past President, eighty years young, Mr Siva Selva** receives a special puja for his birthday on 1st November, 2019.



Mr Siva Selva and **Dr Jagdish Saraf** with **Ms Nicolle Flint MP**. Ms Flint has always been a strong supporter of the Temple and the Hindu Society.



Your new Executive Committee of the Hindu Society of South Australia, elected at the AGM held in November, 2019. The AGM was held in our new Community Cultural Centre, for the first time.





Thanks to your generosity, our GoFundMe Campaign and the Fund Raising Dinner raised \$5,026 for **bushfire relief in South Australia**. **Ms Jing Lee** accepted our cheque on behalf of the Lord Mayor's appeal from **Ms Usha Rajagopalan** and **Mr Siva Selva**. The remainder of the money went to the Kangaroo Island Mayor's Appeal.

Young and older, all learning to play cricket. The Hindu Society of SA and the South Australia Cricket Association (SACA), in conjunction with Woolworths, offered a free Cricket Blast program for Multicultural kids aged 5-12.



The program included a 6 weeks training during term 1 led by SACA staff including a visit from the Strikers mascot 'Smash' and free participant pack including Bat, Ball, Hat and a cricket shirt with their name on it.

Unfortunately, the program was cut short due to COVID-19.

The Hindu Association of SA launched a unique **Accelerated Sanskrit Language Basics Program** in December, 2019. Fifteen people of all ages registered for the 9 classes held weekly on Sundays. No-one had previous knowledge of Sanskrit. A unique teaching technique was used by **Srirama Srinivasan** (the teacher who developed this new technique), to accelerate the learning in just 8 classes, followed up by a mock test.



The final test was conducted in with an exam atmosphere, and it comprised recognition of words, writing of words by listening (dictation), sight writing of paragraph and oral ad-hoc reading of a paragraph in Sanskrit - thereby the sighting, reading, oral delivery and recognition skills were tested. 12 students graduated.

A **graduation** was held with our own Senior member and Former President **Mr Dilip Chirmuley** awarding the students. He felicitated the students and gave a speech in Sanskrit.

There has been significant interests in these classes and the Hindu Society plans to hold **future programs** when we are able to, for the larger benefit of all those who have interest in this language.



An unbelievable moment as our **Shri Ganesha Temple** closed (temporarily) to the public. We cannot wait for it to reopen.

Sadly, we had to cancel several events at the Temple and Community Cultural Centre, including our Harmony Week activities.

Keep safe, everyone, stay home, wash your hands.

PLEASE DONATE

Please donate to the Hindu Society of South Australia so that it can continue to run the Shri Ganesha Temple during this time. Please call the President or Secretary for credit card or online donation details.

We all love our Ganesha Temple – let us stay united, connected and do our bit to keep it strong.

We plan a **big celebration** at the temple once we are able to reopen.

Dilip Chirmuley represents us at the Joint Commonwealth Societies Council of SA

On 13TH March the Joint Commonwealth Societies Council of SA celebrated a multi-faith Commonwealth Day at St Peter's Cathedral. This is observed in Westminster Abbey each year on the 2nd Monday of March. This is the first time that such a service has been held in Adelaide. The Governor His Excellency Hew Van Le AC read the Queen's message.

It was a well organised function. There were four speakers. They were in order of speaking: Dr. Marie Loller (President of SA Council of Churches), Dilip Chirmuley (Hindu Community), Rabbi Shoshana Kaminsky (Beit Shalom Synagogue) and Fr. Phillip Marshall (St. Francis Xavier Catholic Cathedral).

The *Singhala Kala Rang Dance Academy* presented a traditional Sri Lankan dance and *Pulteney School Choir* sang *Hamba Kahle*, a traditional Zulu song.

THANK YOU TO OUR DEPARTING COMMITTEE MEMBERS

A heartfelt thank you to our departing members of the Executive Committee of the Hindu Society of South Australia - Sheela Murali and Raja Mohan Kambhoji. We would like to acknowledge with a very big thanks the hard work done by both. Sheela was recently involved in the very successful SACA cricket workshop. We would also like to acknowledge the help of Murali as traffic coordinator during various special events of the Hindu Society.

TURIYA MARGA

AUM

One of the most significant symbols of Brahman, both Personal and Impersonal, is Aum, pronounced and often written Om (pronounced as in *home*). The goal which all the Vedas declare, which all austerities aim at, and which all desire when they lead the life of continence, I will tell you briefly. It is Om. This syllable Om is indeed Brahman. "This syllable is the Highest. Whoso knows this syllable obtains whatever he desires. This is the best support. Whoso knows this support is adored in the world of Brahma." (*Katha Upanishad*) The *Mandukya Upanishad* discusses Brahman through Om. "Om, the syllable, is all this." Patanjali states in the *Yoga Sutras*: "Om is the signifying world of Isvara."
— Swami Nikhilananda

When effort is needed, effort will appear. When effortlessness becomes essential, it will assert itself. You need not push life about. Just flow with it and give yourself completely to the task of the present moment, which is the dying now to the now. For living is dying. Without death, life cannot be.
— Sri Nisargadatta Maharaj

The goal of Self Realisation, once heard, will never be forgotten. Like a seed left in the ground, it will wait for the right season and sprout and grow into a mighty tree.
— Sri Nisargadatta Maharaj

The Upanishads

There is a story of an Indian writer who once saw a page from the Upanishads blowing across a courtyard in the breeze. He read a fragment and it changed his life. The Upanishads are the earliest recorded statements of Self Realisation in the history of humans.

If you want to see a distant galaxy, what do you do? Go to an observatory use a powerful telescope and you can see that which otherwise you cannot see,. If you want to see into a cell, you go to a laboratory and use an electron microscope and you can see anything you want in the cell...

... God's the same way. You go to the Temple, an through the sanctified Murti, that is how we can easily see God. The Temple and the Murti within are set up so that anyone can feel God's presence if they have enough devotion.
— Satguru Bodhinatha Veylanswami

If you have time to chatter, read books. If you have time to read, walk to the mountains, desert and ocean. If you have time to walk, sing songs and dance. If you have time to dance, sit quietly, you happy, lucky idiot.

— Japanese poet

Date	Day	Festival / Special Days
April		
<i>Contact Temple for Times</i>		
14/4/20	Tuesday	Tamil New Year
18/4/20	Saturday	Varuthini Ekadashi
20/4/20	Monday	Pradosham
26/4/20	Sunday	Akshaya Thrithi
27/4/20	Sunday	Chaturthi
May		
3/5/20	Sunday	Mohini Ekadashi
5/5/20	Tuesday	Pradosham
7/5/20	Thursday	Vaisakha Purnima
10/5/20	Sunday	Shankasta Chaturthi
18/5/20	Monday	Apara Ekadashi
20/5/20	Wednesday	Pradosham
26/5/20	Tuesday	Chaturthi
June		
2/6/20	Tuesday	Nirjala Ekadashi
3/6/20	Wednesday	Pradosham
4/6/20	Thursday	Vaikashi Vishakam
5/6/20	Friday	Jyeshtha Purnima
8/6/20	Monday	Shankasta Chaturthi
17/6/20	Wednesday	Yogini Ekadashi
18/6/20	Thursday	Pradosham
24/6/20	Wednesday	Chaturthi
28/6/20	Sunday	Aani Uththaram
July		
1/7/20	Wednesday	Ekadashi
2/7/20	Thursday	Pradosham
4/7/20	Saturday	Vijasha Purnima ; Guru Purnima
8/7/20	Wednesday	Shankasta Chaturthi
16/7/20	Thursday	Kamika Ekasashi
18/7/20	Saturday	Sani Pradosham
20/7/20	Monday	Aadi Amavasai
24/7/20	Friday	Naga Panchami , Aadi Pooram
25/7/20	Saturday	Garuda Panchami
30/7/20	Thursday	Ekadashi
31/7/20	Friday	Varalakshmi Puja
August		
1/8/20	Saturday	Sani Pradosham
3/8/20	Monday	Yajur Veda Upakarma, Raksha Bhandan Shrivana Purnima
4/8/20	Tuesday	Rig Veda Upakarma, Geetha Week Start
7/8/20	Friday	Maha Shankasta Chaturthi
11/8/20	Tuesday	Sri Krishna Janmashatami
15/8/20	Saturday	Aja Ekadashi
16/8/20	Sunday	Pradosham
22/8/20	Saturday	Ganesh Chaturthi, Sama Veda Upakarma
29/8/20	Saturday	Parsva Ekadashi
30/8/20	Sunday	Pradosham
31/8/20	Monday	Onam

Date	Day	Festival / Special Days
September		
1/9/20	Tuesday	Badrapada Purnima
2/9/20	Wednesday	Mahalaya Amavasai Start (Pithur Path Start)
5/9/20	Saturday	Shankasta Chaturthi
9/9/20	Wednesday	Sri Krishna Jayanthi
13/9/20	Sunday	Indira Ekadashi
15/9/20	Tuesday	Pradosham
17/9/20	Thursday	Pithur Path End (Mahalaya End)
19/9/20	Saturday	1st Shani Vara Puratasi Pooja
20/9/20	Sunday	Chaturthi
26/9/20	Saturday	2nd Shani Vara Puratasi Pooja
27/9/20	Sunday	Padmini Ekadashi
29/9/20	Tuesday	Pradosham
October		
1/10/20	Thursday	Ashwina Adhika Purnima
3/10/20	Saturday	3rd Shani Vara Puratasi Pooja
6/10/20	Tuesday	Shankasta Chaturthi
10/10/20	Saturday	4th Shani Vara Pooja
13/10/20	Tuesday	Parama Ekadashi
14/10/20	Wednesday	Pradosham
17/10/20	Saturday	Navaratri Pooja Start
20/10/20	Tuesday	Chaturthi
22/10/20	Thursday	Saraswathi Pooja Start
24/10/20	Saturday	Maha Navami Pooja (Saraswathi Pooja)
25/10/20	Sunday	Vijayadashami , Kethara Gowari Viratham (Start)
27/10/20	Tuesday	Papankusha Ekadashi
28/10/20	Wednesday	Pradosham
31/10/20	Saturday	Ashwina Purnima
November		
4/11/20	Wednesday	Shankasta Chaturthi
11/11/20	Wednesday	Rama Ekadashi
12/11/20	Thursday	Pradosham
14/11/20	Saturday	Deepawali, Kethar Gowri i Viratham
15/11/20	Sunday	Shantha Shasdi Viratham (Start)
16/11/20	Monday	Viruchchika Month (First Alyappa Pooja)
18/11/20	Wednesday	Chaturthi
20/11/20	Friday	Skantha Shasdi (End)
21/11/20	Saturday	Thiru Kalyannam
25/11/20	Wednesday	Devutthana Ekadashi
27/11/20	Friday	Pradosham
29/11/20	Sunday	Karthikai Deepam (Sharna Aalaya Theepam)
30/11/20	Monday	Kartika Purnima
December		
1/12/20	Tuesday	Vinayaka Viratham (Start)
3/12/20	Thursday	Shankasta Chaturthi
11/12/20	Friday	Utpanna Ekadashi
12/12/20	Saturday	Shani Pradosham
18/12/20	Friday	Chaturthi
20/12/20	Sunday	Vinayaka Shaseli Viratham (End)
21/12/20	Monday	Thirumvambavai (Start)

Shri Ganesha Temple

Date	Day	Festival / Special Days
25/12/20	Friday	Vaikuntha Ekadashi
27/12/20	Sunday	Pradosham
30/12/20	Wednesday	Aaruthra Dharshan; Margashirsha Purnima
January <i>Contact Temple for Times</i>		
1/1/21	Friday	New Year
2/1/21	Saturday	Shankasta Chaturthi
9/2/21	Saturday	Saphala Ekadashi
10/1/21	Sunday	Pradosham
12/1/21	Tuesday	Amavashai, Hanuman Jayanthi
14/1/21	Thursday	Thai Pongal, Mahar Sankranti, Sri Iyappa Pooja
16/1/21	Saturday	Chaturthi
24/1/21	Sunday	Pausha Putrada Ekadashi
26/1/21	Tuesday	Temple Anniversary (Kumbabishegam Day); Pradosham
28/1/21	Friday	Thai poosam; Pausha Purnima
February <i>Contact Temple for Times</i>		
1/2/21	Monday	Shakasta Chaturthi
7/2/21	Sunday	Shattilla Ekadashi
9/2/21	Thursday	Pradosham
15/2/21	Monday	Chaturthi
23/2/21	Tuesday	Jaya Ekadashi
24/2/21	Wednesday	Pradosham
27/2/21	Saturday	Magha Purnima; Masi Magam
31/2/21	Wednesday	Jaya Ekadashi
March <i>Contact Temple for Times</i>		
2/3/21	Tuesday	Shankasta Chaturthi
9/3/21	Tuesday	Vijaya Ekadashi
10/3/21	Wednesday	Pradosham
11/3/21	Thursday	Maha Shiva Rathri
14/3/21	Sunday	Karadai Nombu
17/3/21	Wednesday	Chaturthi
25/3/21	Thursday	Amalaki Ekadashi
26/3/21	Friday	Pradosham
28/3/21	Sunday	Panguni Uththaram; Phalguna Purnima
April <i>Contact Temple for Times</i>		
1/4/21	Thursday	Shankasta Chaturthi
7/4/21	Wednesday	Papmochadi Ekadashi; Panguni Uthiram
9/4/21	Friday	Pradosham
13/4/21	Tuesday	Ugadi, Rama week Start
14/4/21	Wednesday	Tamil New Year

OUR PRIESTS WILL PERFORM ARCHANA, HAVAN AND PUJAS FOR YOU

During the time that Shri Ganesha Temple must remain closed due to COVID-19, our Priests still perform daily pujas. They can also perform pujas, archana and for you, and live stream them to your home.

BOOK VIA TELEPHONE

To discuss your requirements and details:
call Shri Skanda Raja Kurukkal on **0408 893 075**
or email secretary@hindusocietysa.com.au
They will give payment details.

LIVE STREAMING

We will happily live video stream the services if you request it.

COSTS

Archana	\$12
Milk Abhishekam	\$50
Panchaamrutham	\$100
Havan	\$150