



# TURIYA MARGA

"Path to Consciousness"

The Newsletter of The Hindu Society of South Australia Inc.  
3A Dwyer Road, Oaklands Park SA 5046



Volume 34, No. 1.

Shri Ganesha Temple, 3A Dwyer Road, Oaklands Park, 5046

Apr 2019

## Find us online at

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## Executive Committee 2017 - 2018

President:	Mrs Usha Rajagopalan	0412158334
V/President:	Dr Nitin Bhise	8276 1959
Secretary:	Mr Madhav Bhat	0429 698 198
Ass/Secretary and Editor:	Ms Ganga Sivanathan	0421 474 685
Treasurer:	Mr Siva Selvakulalingam OAM	8338 4519

### Members

Mr Shasith Janarthan	0403 405 740
Mr. R. Thyagarajah	0417 809 452
Dr Swapna Sengupta	8379 5945
Mrs Sheela Murali	0417 271 912

### Chief Priest

Sri Skandarajah Kurukkal	8298 1278
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### Assistant Priest

Sri Ashok Sharma	8358 3615
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Temple Phone Number	8358 4005
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Edited and published by Ganga Sivanathan for  
the Hindu Society of South Australia Inc



## FROM THE PRESIDENT

Dear Devotees, Members

Greetings to all of you and best wishes for 2019 since this is the first edition of the Turya Marga for this year. May your lives be filled with joy, good health & cheer and the blessings of Lord Ganesha.

**December 8<sup>th</sup> 2018** will go down as the day of special significance in the history of the Hindu Society SA. This marked the day when the Cultural Centre which has been a dream for all of us came to fruition and the building was inaugurated in a grand manner by SA Premier Hon Stephen Marshall as the Chief Guest.

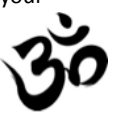
The building of the Cultural Centre is a remarkable achievement by **Mr Siva Selva OAM** the outgoing President of the Hindu Society for twenty years. He has generously consented to remain in the current Committee as Treasurer and guide us with his invaluable experience. We are very thankful and appreciative of this gesture.

On the **20<sup>th</sup> of January** this year we had the religious purification ceremony of the centre. Thank you all for your consistent support and special thanks to all the volunteers for their hard work in making this event a success.

The **finishing touches** to the Cultural Centre are nearing completion, including the final works towards the relocation of toilets. We will be commencing landscaping work and completing the installation of audio video system. As is the case with large size projects, we have slightly overshot our budget and hence our **humble appeal to you to help us finish this project**. A copy of the appeal is attached and details of our Bank account are provided. Kindly note that donations made towards the building are eligible for tax deduction. Our pledge to you is to utilise the funds judiciously and obtain the best value so that all the community members can benefit from the amenities provided. Please support us to make this happen.

We have organised a fund-raising lunch on 7<sup>th</sup> April. We look forward to your support towards this event.

Best wishes, **Usha Rajagopalan**



**FROM THE SECRETARY'S DESK**

Dear Members, Friends and Supporters,

We are proud to present this newsletter to the members of Hindu Society of South Australia (HSSA). I would like to summarise news events and the work that has been done by the new executive committee.

Under the leadership of Dr Jagdish Saraf, Mr Siva Selvakulingam we have built a beautiful Hindu Community Cultural Centre at 5 Dwyer Rd Oaklands Park. It consists of a hall to accommodate about 250 people and a commercial kitchen.

The financial sub-committee has submitted a report with recommendations to improve the process for monitoring and reporting of financial status and cash handling. We are at various stages of implementing its recommendations.

Unfortunately, the progress of developing a webpage has been slow for various reasons.

Hindu members welcomed the New Year 2019 with enthusiasm. A large number of people came to Ganesha temple to pray to seek blessings of Sri Ganesha and to make commitment to achieve their set goals in their lives. To cater the needs of the devotees the temple remained open from 7am to 10am in morning and from 6 pm to late in the night.

**SHRI GANESHA TEMPLE  
OPENING TIMES****Monday to Thursday & Saturday**

7.00-8.00 am; 6.00-8.00 pm

**Friday**

7.00-8.00 am; 6.00-9.00 pm

**Sundays**

8:00am-11:00am; 11:00am-1:00pm for  
Vedanta Group, Hindu Seva, Private  
Functions;  
6.00-8.00 pm

**TEMPLE SERVICE CHARGES**

Archana: \$12.00

Milk Abhishekam: \$50.00

Panjamrita Abhishekam: \$100.00

Hawan & one Kumbham \$150.00

Printed service vouchers, each \$12.00, are available from the Priest, Siva Selva, and Nitin Bhise. Devotees are advised to consult the Chief Priest regarding charges for ceremonies such as marriage, house-warming, home puja etc.

On Monday 4<sup>th</sup> March the Hindu Society celebrated Shivaratri at Ganesha Temple. More than 1000 people attended and performed abhishek to shivalingam. This year also the Adelaide Veda Chanting Group chanted Rudram 11 times from 6:30pm to 9:15pm. The celebrations also included classical dances and bhajans.

This year the Hindu Society of South Australia joined with the Oaklands Estate to clean up the area along the Adelaide Seaford railway line and the nearby reserve. Many volunteers joined in this event to keep the environment clean.

Niloofer Giri, a teacher of vedanta from The Holistic Center of Yoga and Vedanta, in Maharashtra, India, visited Adelaide in March and gave a series of talks on universal message of Vedanta. The HSSA hosted the talks from 8<sup>th</sup> to 11<sup>th</sup> March.

**Madhava Bhat**  
Secretary

**Readers may please note**

The views and other contents published in this newsletter are either accessed from different sources or are provided by many individuals and groups. The Editor takes no responsibility for any errors, omissions or the contents published in this newsletter, although constructive suggestions to improve the quality of the Newsletter are most welcome.

**Contributions are most welcome.** Please provide them to the Temple President or email the editor at [editor@shriganeshatempleadelaide.com.au](mailto:editor@shriganeshatempleadelaide.com.au).



## FUND RAISING LUNCH

A special event is taking place at the new Community Cultural Centre as per details below:

**Guest speaker: Ms Nicole Flint, Federal MP for Boothby**

**Venue: Community Cultural Centre**

**Date and Time: 7<sup>th</sup> April 2019 from 10.00am to 12.00noon**

**This will be followed by lunch**

**Entry fee: \$25.00 per person**

*All those interested to attend can obtain entry tickets from The Priests or any committee member.*

**Please note that the temple will be closed during the event from 10.00am to 12.00pm.**

**Any inconvenience caused to the devotees by this is regretted.**

### NILOFER JI GIVES TALK IN NEW CULTURAL CENTRE

Under the auspices of the Hindu Society of South Australia, our Sri Ganesha temple hosted the powerful and enlightening lectures by Nilooferji. An exponent of Vedanta, Vedic Chanting and the Sanskrit language, she is no stranger to Adelaide. Taking as their main objective of fostering and promoting Hindu philosophy, the Hindu Society of SA, through Nilooferji's talks, enriched the audience's learning of Vedanta which is the knowledge of one's identity. It encompasses the knowledge of elevating one's personality to prepare for Self-Knowledge. A disciple of Pujya Swami Dayanand Saraswati, an illustrious teacher of Advaita Vedanta, in the lineage of Adi Shankaracharya. Nilooferji explains the subject with clarity and precision to bring about the vision of Oneness while conducting discourses and workshops world-wide.

The discourses were held over a four day period starting on Friday 8th March 2019 to Monday 11 March 2019 on the topic of Sri Rudram in continuation of the very auspicious Mahasivarathri celebrations conducted at the Shri Ganesha Temple on March 4. Sri Rudram is considered as the most powerful Vedic chant to Lord Shiva. The mantra 'Om Namah Shivaya' comes from Sri Rudram. The Maha Mrytyunjaya mantra also come from Sri Rudram, The four day discourse singing the glories of Lord Shiva in His every form culminated in the explanation of the Maha Mrytyunjaya mantra with each verse filled with incredible potency being extremely beneficial to the health and spiritual development of a sincere aspirant. The Hindu Society of SA took immense delight in bringing this event for the fourth consecutive year, one that was well attended by all. We look forward to bringing many more such educational events for the preservation and advancement of the Hindu philosophy.



An Appeal for Donation to finalise completion of  
Cultural Community Centre



The dream of members of the Hindu Society of SA Inc. to build its very own Cultural Community Centre is now a reality. Most of you have either attended our official inauguration in December, or the religious ceremony held recently on Jan 20<sup>th</sup> 2019.

The cultural centre is nearly complete. But we have to complete a few things still, which includes landscaping around the building, completion of the women's and men's toilets and the painting of our own temple which has been affected by dust during the construction phase of the new community centre.

The majority of funds raised towards this new building of nearly \$1Million has come from the generous support of our members and the State Government funding of nearly quarter of a million.

We are however short of nearly \$100,000 in funding which was used towards setting up the commercial kitchen, chairs for the Community Cultural Centre, Retention wall and paving outside as well as painting and repairs to the current social hall of the temple. We are seeking your support once again and our new treasurer Siva Selva will be calling you closer to May June 2019. Donations made are tax deductible and we shall arrange to mail out a receipt to the address provided.

We welcome payment by any of the following modes:

- ❖ Cheque payment to be made in favour of Hindu Educational Building Fund and posted to 3A Dwyer Road Oaklands, Park, SA 5046 with details of where and to whom the receipt is to be made out to.
- ❖ Remit Funds electronically to our bank account below:
  - Bank: BankSA
  - BSB : 105-086
  - Account No: 054577940
  - Reference: Your name and BF, please also send an email to [secretary@hindusocietysa.com.au](mailto:secretary@hindusocietysa.com.au) with your details.

*Thanking you in anticipation.*

A handwritten signature in black ink, appearing to read 'Usha Rajagopalan'.

*Usha Rajagopalan  
President  
Hindu Society of SA Inc*

A handwritten signature in black ink, appearing to read 'Siva Selvakulingam'.

*Siva Selvakulingam OAM  
Treasurer  
Hindu Society of SA Inc*

**Shri Ganesha Temple**

Date	Day	Festival / Special Days	Description
<b>April</b> <i>Contact Temple for Festival Times</i>			
14-04-19	Sunday	Vikari Tamil New Year	
15-04-19	Monday	Ekadashi	Lord Vishnu
17-04-19	Wednesday	Pradosha	Lord Siva
19-04-19	Friday	Cithra Pournami	
22-04-19	Monday	Shankasta Chaturthi	Lord Ganesha
30-04-19	Tuesday	Ekadashi	Lord Vishnu
<b>May</b> <i>Contact Temple for Festival Times</i>			
02-05-19	Thursday	Pradosha	Lord Siva
07-05-19	Tuesday	Adchaya Thiruthikai	
08-05-19	Wednesday	Chaturthi	Shri Ganesha
15-05-19	Wednesday	Ekadashi	Lord Vishnu
16-05-19	Thursday	Pradosha	Lord Siva
18-05-19	Saturday	Vaikashi Vishagam	Lord Muruga
22-05-19	Wednesday	Shankasta Chaturthi	Lord Ganesha
30-05-19	Thursday	Ekadashi	Lord Vishnu
31-05-19	Friday	Pradosha	Lord Siva
<b>June</b> <i>Contact Temple for Festival Times</i>			
06-06-19	Thursday	Chaturthi	Lord Ganesha
13-06-19	Thursday	Ekadashi	Lord Vishnu
14-06-19	Friday	Pradosha	Lord Siva
21-06-19	Friday	Shankasta Chaturthi	Lord Ganesha
29-06-19	Saturday	Ekadashi	Lord Vishnu
30-06-19	Sunday	Pradosha	Lord Siva
<b>July</b> <i>Contact Temple for Festival Times</i>			
06-07-19	Saturday	Chaturthi	Lord Ganesha
08-07-19	Monday	Aani Uththaram	Lord Muruga
12-07-19	Friday	Ekadashi	Lord Vishnu
14-07-19	Sunday	Pradosha	Lord Siva
16-07-19	Tuesday	Viyasa Pournima (Guru Pournima)	
20-07-19	Saturday	Shankasta Chaturthi	Lord Ganesha
28-07-19	Sunday	Ekadashi	Lord Vishnu
29-07-19	Monday	Pradosha	Lord Siva
31-07-19	Wednesday	Aadi Amavasai	
<b>August</b> <i>Contact Temple for Festival Times</i>			
03-08-19	Saturday	Aadi Pooram	
04-08-19	Sunday	Naga Chaturthi	Lord Ganesha
05-08-19	Monday	Garuda Panchami	
09-08-19	Friday	Varalakshmi Puja	Goddess
11-08-19	Sunday	Ekadashi	Lord Vishnu
12-08-19	Monday	Pradosha	Lord Siva
15-08-19	Thursday	Rig Veda Upakarma/Rakshapanthan	
16-08-19	Friday	Geetha week Start	
19-08-19	Monday	Maha Shankasta Chaturthi	Lord Ganesha
23-08-19	Friday	Sri Krishna Jayanthi	Lord Krishna
26-08-19	Monday	Ekadashi	Lord Vishnu
28-08-19	Wednesday	Pradosha	Lord Siva
<b>September</b> <i>Contact Temple for Festival Times</i>			
02-09-19	Monday	Maha Vinayaka Chaturthi / Sama Ved Upakarma	Lord Ganesha
09-09-19	Monday	Ekadashi	Lord Vishnu
11-09-19	Thursday	Avani Onam/Pradosha	Lord Siva
14-09-19	Saturday	Pithr Paksha Start	
17-09-18	Tuesday	Shankasta Chaturthi / 1 <sup>st</sup> sani Vara Puja	Lord Ganesha
25-09-19	Wednesday	Ekadashi	Lord Vishnu
26-09-19	Thursday	Pradosha	Lord Siva
28-09-19	Saturday	Pithr Paksha End / 2 <sup>nd</sup> Sani Vara Puja	
29-09-19	Sunday	Navarathri Puja Start	
<b>October</b> <i>Contact Temple for Festival Times</i>			
02-10-19	Wednesday	Chaturthi	Lord Ganesha
05-10-19	Saturday	Shankasta Chaturthi / 3 <sup>rd</sup> Sani Vara Puja	Lord Ganesha
07-10-19	Monday	Maha Navami	
08-10-19	Tuesday	Vijaya Dhashami	
09-10-19	Wednesday	Kethara Gowri Puja Start	

**Shri Ganesha Temple**

Date	Day	Festival / Special Days	Description
11-10-19	Friday	Pradosha	Lord Siva
12-10-19	Saturday	4 <sup>th</sup> Sani Vara Puja	
17-10-19	Thursday	Sankasta Chaturthi/Karva Shoth	Lord Ganesha
24-10-19	Thursday	Ekadashi	Lord Vishnu
25-10-19	Friday	Pradosha	Lord Siva
27-10-19	Sunday	Deepawali / Kethara Gowri Puja	
28-10-19	Monday	Skantha Sasti Puja Start	Lord Muruga
31-10-19	Thursday	Chaturthi	Lord Ganesha
<b>November</b>			<i>Contact Temple for Festival Times</i>
02-11-19	Saturday	Skantha Sasti Puja End	Lord Muruga
03-11-19	Sunday	Thirukkalyanam	Lord Murugan
08-11-19	Friday	Ekadashi	Lord Vishnu
09-11-19	Saturday	Pradosha	Lord Siva
16-11-19	Saturday	Sankasta Chaturthi	Lord Ganesha
22-11-19	Friday	Ekadashi	Lord Vishnu
24-11-19	Sunday	Pradosha	Lord Siva
30-11-19	Saturday	Chaturthi	Lord Ganesha
<b>December</b>			<i>Contact Temple for Festival Times</i>
08-12-19	Sunday	Ekadashi	Lord Vishnu
09-12-19	Monday	Pradosha	Lord Siva
10-12-19	Tuesday	Thirukarthikai	
12-12-19	Thursday	Vinayaka viratham Start	Lord Ganesha
15-12-19	Sunday	Sankasta Chaturthi	Lord Ganesha
22-12-19	Sunday	Ekadashi	Lord Vishnu
23-12-19	Thursday	Pradosha	Lord Siva
30-12-19	Monday	Chaturthi	Lord Ganesha
<b>January</b>			<i>Contact Temple for Festival Times</i>
01-01-20	Wednesday	New Year/ Thiruvembavi Puja Start/ Vinayaka viratham end	
06-01-20	Monday	Vaikunda Ekadashi	Lord Vishnu
08-01-20	Wednesday	Pradosha	Lord Siva
10-01-20	Friday	Thiruvembavi Puja End (Aaruthra Dharsanam)	Lord Siva
14-01-20	Tuesday	Magara Jothi	Lord Iyappa
15-01-20	Wednesday	Thai Pongal	
21-01-20	Tuesday	Ekadashi	Lord Vishnu
22-01-20	Wednesday	Pradosha	Lord Siva
28-01-20	Tuesday	Chaturthi	Lord Ganesha
<b>February</b>			<i>Contact Temple for Festival Times</i>
05-02-20	Wednesday	Ekadashi	Lord Vishnu
06-02-20	Thursday	Pradosha / Temple Anniversary	Lord Siva
08-02-20	Saturday	Thaipooam	Lord Murugan
12-02-20	Wednesday	Sankasta Chaturthi	Lord Ganesha
19-02-20	Wednesday	Ekadashi	Lord Vishnu
21-02-20	Friday	Maha Sivarathi	Lord Siva
27-02-20	Thursday	Chaturthi	Lord Ganesha
<b>March</b>			<i>Contact Temple for Festival Times</i>
06-03-20	Friday	Ekadashi	Lord Vishnu
07-03-20	Saturday	Pradosha	Lord Siva
08-03-20	Sunday	Mashi Magam	
12-03-20	Thursday	Sankasta Chaturthi	Lord Ganesha
14-03-20	Saturday	Karadai Nonbu	
20-03-20	Friday	Ekadashi	Lord Vishnu
21-03-20	Saturday	Pradosha	Lord Siva
25-03-20	Wednesday	Vasanth Navarathi (Rama Week Start)	Lord Rama
28-03-20	Saturday	Chaturth	Lord Ganesha
<b>April</b>			<i>Contact Temple for Festival Times</i>
02-04-20	Thursday	Rama Navami(Vasantha Navarathi End)	Lord Rama
04-04-20	Saturday	Ekadashi	Lord Vishnu
05-04-20	Sunday	Pradosha	Lord Siva
06-04-20	Monday	Panguni Uththaram	
11-04-20	Saturday	Sankasta Chaturthi	Lord Ganesha
14-04-20	Tuesday	Tamil New Year	

## EXPRESSION OF INTEREST

### Logo for Hindu Society of South Australia

The Hindu Society of South Australia (HSSA) invites members to create and submit original art work of Shri Ganesha to be used as our logo. Our current logo is not completely representative of our beloved Shri Ganesha Siddivinayaka.

The logo should be a **line artwork** of the form of our Siddivinayaka in the Shri Ganesha Temple, Adelaide. We have a photo that can be used for reference, and times to view our Siddivinayaka can be arranged with the Priest.

**The selected artwork will be commissioned as HSSA's permanent logo, which will go into our stationery, email signatures, web portals, forms, formal documents and so forth.**

**Submission Deadline: 26TH April**

#### Guidelines for the logo:

- The line artwork should contain the letters HSSA in some form so that it represents a logo
- The logo can be completed by hand or digitally
- The logo must reproduce with consistent quality (ie in print form and when photocopied)
- Traditionally we have used a black and white image. Submissions can incorporate colour, but must also be reproducible in black and white.
- The artwork should be submitted in original and digital form (high quality scan if needed).
- The submitted artwork will be reviewed by a panel of members and a winner will be selected from these submissions.
- The winning design must be provided in hi-res and medium res digital forms.
- The announcement of the winning artwork will be made through HSSA's Facebook page.
- The winner will be suitably recognised and rewarded with a small gift.



"To make a good decision, bring the total awareness into the eternity of this moment."

"Let me dance with Siva and unfold within myself Siva consciousness. – the all-rightness of whatever happens"

**APRIL FOOLS!**

**Q: What did the lettuce say to the celery?**

A: Quit stalking me!

**Q: What school subject is the fruitiest?**

A: History because it is full of dates!

**Q: Why did the tomato blush?**

A: Because it saw the salad dressing.

**Q: What vegetables are sailor's enemies?**

A: Leeks

**Knock knock! Who's there?**

Lettuce! Lettuce who?

Lettuce in and you'll find out!

**Q: What's small and red and has a rough voice?**

A: A hoarse radish!

**Q: What's a vampire's favourite fruit?**

A: A neck-tarine!

**Q: What's brown, hairy and wears sunglasses?**

A: A coconut on vacation!

**Q: Why did the banana go to the doctor?**

A: Because it wasn't peeling well.

**Q: What key do you use to open a banana?**

A: A monkey.

**Life is meant to be lived joyously**

There is in much of the world the belief that life is a burden, a feeling of penitence, that it is good to suffer, good for the soul. In fact, spiritual life is not that way at all. The existentialist would have you believe that depression, rage, fear and anguish are the foremost qualities of the human temper and expression. The communists used to have us believe that joy and serenity as the outgrowth of religion are just an opiate of the people, a narcotic of unreality. The Semitic religions of the Near East would have us believe that suffering is good for the soul, and there is not much you can do about it. **The Hindu perspective** is that **contentment is a reflection of centeredness**, and discontentment is a reflection of externalised consciousness and ramified desire.

Maintaining joy and serenity in life means **being content** with your surroundings, be they meagre or lavish. Be content with your money, be it a small amount or a large amount. Be content with your health. Bear up under ailments and be thankful that they are not worse than they are. Protect your health if it is good. It is a valuable treasure. Be content with your friends. Be loyal to those who are your long-time, trusted companions. Basically, contentment, **santosh**, is freedom from desire gained by redirecting the forces of desire and making a beautiful life within what one already has in life.

colouring corner

